

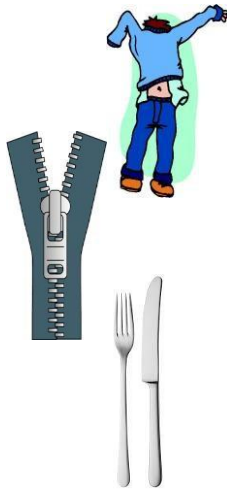
Reception Fact Sheet – Myself and My Community

Key Independence Skills

I know which clothes go on which body parts and I can get dressed by myself.

I know how to use a knife and fork and can feed myself.

I know when I need to use the toilet.



Exercise

When I exercise my heart beats faster, I get out of breath and I sweat

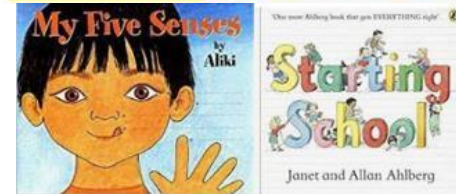
Exercise keeps me healthy

I know the difference between jump, hop, skip, walk, jog and run.

I can exercise in lots of different ways.



Books About Our Topic



My School

My new school has a logo. A logo is a picture or symbol that represents something.

How many other logos do you know?



Our school is called Norton Juxta Kempsey Primary School.



Is it near to the city or in the countryside?

My Body

You have 5 senses:

I see with my eyes – sight

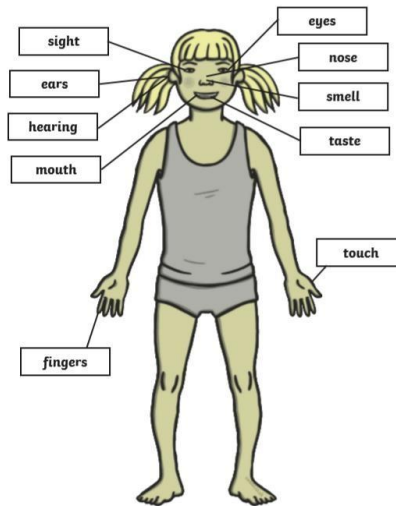
I hear with my ears – hearing

I smell with my nose – smell

I feel things with my hands – touch

I taste with my tongue/mouth- taste

Parts of the Body



Do you know the school rules?

Rules are things that you must do when asked.

Our school rules are:

Always speak respectfully to others.

Respect other people and their property.

Always follow the instructions given by an adult.

Keep hands, feet and objects to yourself.

Our Local Community



This is our local church. It is called St James the Great Church. There is a cross in the churchyard. This Shows that Christians pray at the church. Christians are people who believe that Jesus was the Son of God.

We have a village hall with a playground and café.



St Peter's Garden Centre sells and grows lots of different plants. Do you know these flowers?



rose



sunflower



daffodil

Key Vocabulary	Definition
surprised	When something happens that you didn't expect.
scared	When something makes you feel afraid or worried
happy	When you feel good and want to smile.
sad	When you feel upset or want to cry.
community	A group of people who live, work, or play in the same place
local	Something that is close to where you live.
city	A big place where lots of people live and work.
countryside	A quiet place with fields, farms, and animals.
hobbies	Fun things you like to do in your free time.
churchyard	The area around a church, sometimes with flowers or gravestones
Christians	People who believe in Jesus and follow his teachings
God	A special being that Christians believe made the world and looks after everyone.
vicar	A person who leads the church and helps people learn about God.
skeleton	The bones inside your body that help you stand and move.