

# Reception Fact Sheet – Myself and My Community

## Key Independence Skills

I know which clothes go on which body parts and I can get dressed by myself.



I know how to use a knife and fork and can feed myself.



I know when I need to use the toilet.

## Exercise

When I exercise my heart beats faster, I get out of breath and I sweat.

Exercise keeps me healthy.

I know the difference between jump, hop, skip, walk, jog and run.

I can exercise in lots of different ways.



## Books about our topic



## Key Vocabulary

surprised	exercise	community	garden centre	churchyard	face	touch/ feel	taste
scared	health	local	city	Christians	eyes	teeth	smell
feelings	diet	church	countryside	God	legs	hair	mouth
happy	allergy	school	cross	vicar	arms	bones	nose
sad	trust	village hall	hobbies	ears	head	skeleton	hearing

# My School

My new school has a logo. A logo is a picture or symbol that represents something.

How many other logos do you know?



Our school is called Norton Juxta Kempsey Primary School.

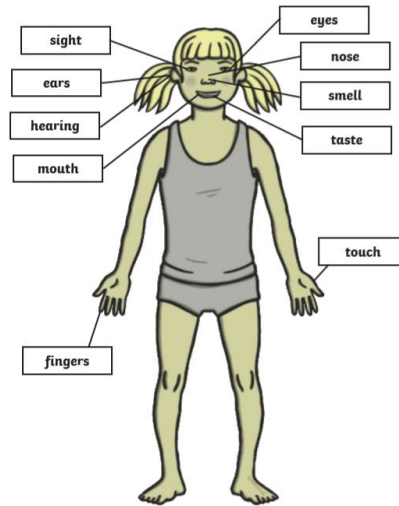


Is it near to the city or in the countryside?

# My Body

You have 5 senses:  
 I see with my eyes – sight  
 I hear with my ears – hearing  
 I smell with my nose – smell  
 I feel things with my hands – touch  
 I taste with my tongue/mouth- taste

## Parts of the Body



## Do you know the school rules?

Rules are things that you must do when asked.

Our school rules are:

- Always speak respectfully to others.
- Respect other people and their property.
- Always follow the instructions given by an adult.
- Keep hands, feet and objects to yourself.

# Our local Community



This is our local church. It is called St James The Great Church. There is a cross in the churchyard. This Shows that Christians pray at the church. Christians are people who believe that Jesus was the Son of God. The vicar is called Rev. Mark Badger. He visits school every week.

We have a village hall with a playground and café.



St Peter's Garden Centre sells and grows lots of different plants. Do you know these flowers?



rose



sunflower



daffodil